In 2016, the Minnesota Student Survey allowed 9th and 11th grade students new ways to indicate their gender identity:

Do you consider yourself transgender, genderqueer, genderfluid, or unsure about your gender identity?

Do TGNC youth feel supported?

TGNC young people do report feeling support from important adults – but significantly less so than their cisgender peers.

Supports

Can talk with parent about problems

71% TGNC
90% Cisgender

Believe teachers or other school adults care

59% TGNC
77% Cisgender

Where are TGNC students?

Everywhere

The same percentage of students identify as TGNC in the Twin Cities metro area and beyond.

How many students identify as TGNC?

In 2016, the Minnesota Student Survey allowed 9th and 11th grade students new ways to indicate their gender identity:

Do you consider yourself transgender, genderqueer, genderfluid, or unsure about your gender identity?

Estimated number* of high school students in Minnesota who identify as TGNC

2.7% 10,000

2.7% of 355,287 ≈ 9,500

(Transgender) students are those whose experience of their gender doesn’t match their birth-assigned sex.

(Cisgender) refers to people whose gender experience matches their birth-assigned sex.

(Gender non-conforming) is a term for people whose gender expression or identity differs from stereotypical expectations.

(TGNC) is an umbrella term for transgender or gender non-conforming people.

How are TGNC students doing?

This research confirms that TGNC young people experience substantial health disparities in comparison to their cisgender peers.

Disparities

Experienced bullying about gender

1/3

2/3

Cut 7 times more than their cisgender peers

Had thoughts of suicide

They are 5 times more likely to attempt it than their cisgender peers

Supporting the health, well-being and academic success of TGNC young people – and all young people – is an investment in Minnesota. We all can:

Evaluate policies and programs

Be explicitly, proactively inclusive

Build relationships

Listen to their voices

Find links to community experts, resources and more information at

https://z.umn.edu/MSS_TGNC

About the research

These findings are based on the responses of 2,168 9th and 11th grade TGNC students in MN. This is the first large-scale, population-based study of U.S. TGNC youth.

More information about this research is available here:


* The estimate of 10,000 TGNC students uses the 2016 US Census figure of 14-18 year olds in Minnesota. 2.7% of 355,287 = 9,500