**Parents: It’s time to talk!**  
Talking to your child about relationships, love and their own development can be awkward. Join us at an “it’s that easy” session to increase your confidence in this important aspect of parenting.

**CHAS**  
COALITION FOR HEALTHY ADOLESCENT SEXUALITY  
CHAS works to support the sexual health of young people and reduce chlamydia infections by promoting parent-teen communication. Learn more at http://fbl.me/CHAS2013

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**Parents are talking about...**

**Message and Modeling – October 1st**  
How can parents share their values and beliefs?

**Cuddled and Connected – October 8th**  
How can parents make the most of their parent-child relationship as a foundation for raising healthy children?

**Ages and Stages – October 15th**  
How can parents support the normal, healthy growth and development of their child?

**TV and Texting – October 22nd**  
How can parents handle the influence of media, technology and popular culture?

**It’s that easy! sessions:**

**Jefferson Learning Center**  
1234 Kandiyohi Ave SW, Willmar  
Tuesdays, October 1 – 22  
6:30–8:00 pm  
$5 per session – attend any or all sessions!

**Register**

Secured online site: www.tinyurl.com/CHASparents  
Call: 320-231-8490  
In person at Jefferson Learning Center
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TV and Texting – October 22nd
How can parents handle the influence of media, technology and popular culture?

It’s that easy! session:
Jefferson Learning Center
1234 Kandiyohi Ave SW, Willmar
Tuesday, October 22
6:30–8:00 pm
$5 per person

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